



JRMHDN Meeting
Thursday 6/13/2019 3:00 pm
Dosewallips Conference Room

HIGHLIGHTS

Attendees: Dunia Faulx, Jefferson Healthcare; Vicki Kirkpatrick, Jefferson County Public Health; John Nowak, CHIP; Jim Walkowski, East Jefferson Fire Rescue

Updates

- **Grants Update:** We received a new RCORP-Planning grant for \$200,000 for grant year 1 June 2019 to 31 May 2020 (we received a score of 92 for the proposal). The current RHNDP-Planning grant will end on 30 June 2019—the **Strategic Plan** has been submitted, and the only remaining deliverables are the **PIMS** (Performance Improvement and Management System) report in July, and the **Final Report** in September.
- Because of the complexity of developing the **crisis stabilization center**, we need a **sustainable plan** by the end of the year that will deal with our mental health and chemical dependency crisis. If it turns out that a crisis center will be too wieldy or expensive, we may need to look at other solutions that could provide similar services to our community. In deciding who are the right people to include in the Network, members were asked to think about sustainability and about who could help us figure that out in our community. Vicky suggested someone from the **SBHO** (Salish Behavioral Health Organization), who will maintain crisis response as we transition to MCO Reimbursement. They will have a portion of the state-only funds for that, regardless of whether they're Medicaid or not, and will have contracts with local providers. The advantage of having them in the Network rather than an Ad Hoc committee is that they do have money until January 2021, and membership would give them a sense of ownership here. Lori reminded Vicky that the MOU needs to be in by September 1 (a grant deliverable). Jim suggested including Brian Richardson of the Recovery Café in an Ad Hoc group, and Brian could also cover Dove House. Stephanie Lewis was also suggested. If a County Commissioner is included in the Ad Hoc, Ariel Speser or a City Council Rep should also be (or vice versa)—so they are in the know and so we have some legislative influence.
- **Grant Deliverables: Communications Plan**—not a required deliverable, but grant team will work on it. The **MOU** is due for the new grant on September 1, 2019. The group agreed to leave it as is and just get the signatures of the extra people invited to join the Consortium. If any adjustments need to be made (like the Aim), they can be done at a later date. Lori said we need to enforce the requirement that the decision maker, or their alternate, is present at meetings.
- **Deliverables/Scope of work** (new 2019-2020 grant): **Gap Analysis** is due first, and we will need to hire a consultant for part of this. Jody Corona, Health Facilities Planning & Development, was suggested, and the group agreed to reach out to her with an RFP, including financial requirements, statement of work, budget, etc. If Siri is on MRS (Small Research Services) we may not have to go out at all. Other work will need to be done by consortium members outside the monthly meeting times. The **Strategic Plan** is due in January 2020, which will help us be ready for an **Implementation Plan** and a **Workforce Plan** later in the year.
- **Regional work/partnerships:** Lori talked about testing out the three workgroups that OCH has: treatment prevention, overdose prevention, and (ONE OTHER). John said that we need to build bridges with the

Jamestown folks and make sure that we are integrated with the work that they're doing, particularly in relation to inpatient treatment. John also commented that has been in touch with someone from Forks, and will follow up on that. Vicki added that part of the Gap Analysis is determining what the regional reach that currently exists is, and that the Jamestown group is an important piece of that. She added that it would be important to also reach out to Wendy Sisk of Peninsula Behavioral Health and Joe Rozach from Kitsap Mental health. John suggested OCH CTAC group, which has a lot of mental health representation. Vicki also said that Tom Locke sits on the OCH 3Corp group. Dunia suggested the Rural Hospital Consortium previously run by Holly Greenwood, who was based in Grays Harbor.

After some discussion, John said we needed to be intentional about a number of things around partnerships:

- we need a strong partnership with an organization that provides inpatient treatment for those graduating from the crisis stabilization center.
- It would be to our advantage to be part of, or partner to, a larger mental health agency, to avoid duplication of administration and to have access to a larger pool of staff.

Vicki said that Mason BHO may not want to form an additional partnership as they are already established, and she wasn't sure about Grays Harbor. John said it's been difficult to get Jamestown to engage. Vicki added that if the crisis stabilization center isn't feasible, could we partner with another organization (maybe Jamestown) to locate and manage a crisis facility in Jefferson County. John said this was something a consultant could help us with.

- **Data Diversion/Navigators:** Lori said that we are trying to create a collective picture of all the Navigators in the community, as a resource for EMS and law enforcement, and will call a meeting to that end and invite relevant organizations. This is another way the Network has served us well, because it got us talking about data topics and now that we've got EMS, Jail, Sheriff and City Police Chiefs in a room, we can always save 20 minutes of an agenda to discuss other issues.
- **Communication:** There are ways that we can all advance each other's value out in the community. For example, if any member wants something parroted about at different tables we all attend, we can create a little space to discuss these at the beginning or end of meetings.
- **Feedback from Members:**
 - Vicki said that this grant feels more advanced, more "boots on the ground."
 - John said that it was heartening that, at the first meeting with the grant people, they said that most people who get this grant apply for a follow-on implementation grant, and that we should be encouraged to think about that right now. Nevertheless, we need a good sustainability plan that does not depend on grant funding down the line.
 - Dunia commented on how we need to be conscientious about the data points that are coming out of this.
 - Lori said that one of the key data points we would use would be to assess the feasibility of the crisis stabilization facility, or whatever else it might be.

- Vicki said that there is so much going on, so many organizations with work going on, and we need to be careful about communicating information before it's ready.
- John suggested that if the group is going to look at any data that's generated from Jefferson Healthcare, that we work through Dunia; and if Dunia comes across any data that would make the case for the Network's work, she would communicate that to the group.
- Dunia added that shared definitions and understandings are going to be very important with data, as are consistency, honesty and reliability, and Jim Walkowski reiterated that, with everybody's numbers being different.
- Vicki agreed with Dunia that definitions are extremely important, as are interpretations of the data; that raw data doesn't tell the story—it's what you learn as a result of the data that tells the story, and that that needs to be communicated in media situations.

Actions:

- **John and Lori** to send out official greeting to our potential new partners. Then send out the MOU where relevant.
- **John and Lori** to research regulations around consultants and reach out to Judy Corona's business.
- **Vicki** to go online and see if Judy Corona is on the MRSC roster.

Next Network Meeting is Thursday, 8th August 2019 at 3:00 pm. Location TBA (maybe Uptown Fire Station).