

ATTENDEES

Fire Chief Tim McKern, Quilcene Fire Department, Fire Chief Tim Manly, Brinnon Fire Department; David Carlbom, M.D., Medical Program Director, Jefferson County EMS; Sheriff Nole, Jefferson County Sheriff's Office; Lori Fleming, Jefferson County CHIP/BHC.



Not Present: Apple Martine, Jefferson County Public Health, Director; Denise Banker, Community Health Director; Frank Redmon, Quilcene School District Superintendent; Greg Brotherton, Commissioner; Patricia Beathard, Brinnon School District Superintendent; Heidi Mathews, Practice Manager, JHC's South County Clinic; Margie Boyd, JCPH, Public Health Nurse, SEP Program; Dunia Faulx, JHC, Population Health; Laurie Tinker, Former Director of Nursing Support & Current Liaison for EMS, JHC.

Links: Check at the [BHC's Harm Reduction South County](#) page if you encounter a broken link in any of the direct links provided. Our Meeting occurs on the 3rd Tuesday of each month from 1-2pm. (Zoom link is [here](#).)

MEETING HIGHLIGHTS

Alternative Transportation discussion:

- Dr. Carlbom will connect with QRT after the new year and come back with an update at our next meeting.
- Chief McKern spoke with North Mason's Fire Chief Bakken who was working with Peninsula Health out of Kitsap County until COVID hit. McKern and Carlbom noted the program Chief Bakken described addressed a broader landscape than what we need. We're looking an alternate transportation, yet this program had a full wraparound team.
- The JeffCo EMS team has, at times, gotten stuck in the middle of growing discord between Mason general ED and the Mason Sheriff around behavioral health situations – and a transportation alternative would be helpful.
- An overarching aspect of the transportation challenge is the minimal amount of reimbursement for Medicaid patients. (10 cents on the dollar). This challenge is at the federal level, outside the reach of the SCHR table.
- Transport challenges exist in transporting BH patients both TO and FROM facilities, including Jefferson Healthcare, Olympia's Capital Medical Center, Chehalis, Fairfax, Lewis County, Spokane, etc; also, some of those facilities *require the patient be delivered in a licensed ambulance*.

- Olympic Ambulance has been bought out by Metro West and may have more interest in transporting patients from our region.
- Dr. Carlbom will be presenting on behavioral health at the Northwest Region's QI meeting on 1/13/2022. He plans to present some of the data that the BHC has been gathering/presenting at that table. This is an opportunity to initiate a conversation with Carlbom's peers (Drs Joe Hoffman, Kitsap and Mason, and Danielle Whitley, Clallam) understand what resources are available and how we might address the challenge of transporting behavioral health patients through regional collaboration.

Yellow Card Distribution

- Chief McKern confirmed a supply of Yellow Cards has been pushed out to command cars, etc. Discussed possibility of creating a regional "card" listing regional assets, some of which could answer the transportation challenge

NarCan

- The Naloxon Leave-Behind Kits developed by Dr. Carlbom for distribution to patients or families encountered during EMS calls includes: 2 naloxone doses; instructions in English and Spanish; a set of oversized gloves; the yellow card.
- Discussion re: avenues to get NarCan supply for law enforcement: **Action:** Lori noted we should bring JCPH into this conversation and clarify what possibilities exist through them. Carlbom also offered to have Tammy Ridgway, EJFR's MSO, walk with Sheriff to get a supply either through EJFR or directly from McKession, if that would help. (The grant funded supply Carlbom gets can only be used for patients and there are reporting requirements to be met.)



Fentanyl in Jefferson County

- Sheriff Nole noted they haven't seen a lot, but they are not searching nearly as much now with new legislation. The OP-ED team (Olympic) had a bust where fentanyl was discovered.
- Dr. Carlbom noted that Fentanyl isn't absorbed through skin – that is a myth
- Dr. Carlbom sent Lori some practical info that King County hands out about how to test dose, have Narcan ready, etc. – Cards that JCPH could hand out.

EMS Behavioral Health Guideline Review

- Dr. Carlbom has drafted and is [soliciting feedback on an EMS operating policy](#) for behavioral health patients that is modeled after the State Model, and aligns well with Kitsap and Mason County. Chief Black is running it by EJFR's lawyer, and it will also be run by the State Attorney General; the document will be discussed at the 1/19/22 BH Summit meeting
- Chief McKern will also bring it up at the Fire chief's meeting in January, 2022.