

## ATTENDEES

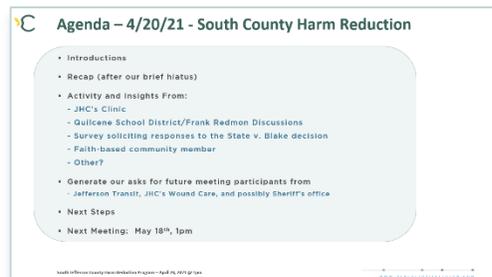
Fire Chief Tim McKern, Quilcene Fire Department; Patricia Beathard, Brinnon School District Superintendent; Frank Redmon, Quilcene School District Superintendent; David Carlbom, M.D., Medical Program Director, Jefferson County EMS; Greg Brotherton, Commissioner; Heidi Mathews, Practice Manager, JHC's South County Clinic; Lori Tinker, Director of Nursing Support & Liaison for EMS, JHC; John Nowak/Lori Fleming – Jefferson County CHIP/BHC.



**Not Present:** Apple Martine, Jefferson County Public Health – Community Health Director; Fire Chief Tim Manly, Brinnon Fire Department; Ford Kessler, Recovery Community Member, Fire Commissioner & Volunteer, District 5, Therapeutic Drug Court Administrator; Margie Boyd, JCPH, Public Health Nurse, SEP Program; Dunia Faulx, JHC, Population Health; Christina Muller-Shinn, Opioid/Substance Use Response, Mason County Community Services-Public Health (a HRSA-recommended resource).

**Links:** Meeting [Slides](#) and [Video](#). Check at the [BHC's Harm Reduction South County](#) page if you encounter a broken link in any of the direct links provided. Our Meeting occurs on the 3<sup>rd</sup> Tuesday of each month from 1-2pm. (Zoom link is [here](#).)

## MEETING HIGHLIGHTS



### Recap

Lori shared [a recap](#) of the South County Harm Reduction (SCHR) effort to calibrate continuing and new group participants as we began the meeting's discussions. One item of note is that while the group had discussed implementing a naloxone education/distribution effort within the schools at our last few

meetings, we needed to get Frank Redmon's insight on how to best bring that possibility to the Quilcene School District.

### JHC Updates:

**Wound care:** [John Nowak noted](#) we need to develop an ask of the Wound care contributors.

- Lori Tinker suggested we ask for EPIC data on the geography and volume of wound care coming from South County to help inform what we offer in South County.
- Trish noted we also need to know how many need wound care, but aren't getting it (due to transportation issues, etc.)

- Chief McKern suggested getting data from JHC on who has been released from there, but has not completed their follow-up care in the past 3-4 days. (Jefferson Home Health or JHC are tracked, but other disposition referrals outside the JHC system are not tracked.)
  - **Action:** Explore using Home Health as a means of tracking – can that even be done? John and Lori Tinker to put their heads together – recognizing this is a tall order.)
  - **Action:** Dr. Carlbom committed to explore with ED head Doctor if checking Home Health box is a possibility, and Lori Tinker is also going to reinforce that on her side. Possibly nursing team could remind Doctors, as well.

**Quilcene Clinic:** [Heidi Mathews noted](#) she is reaching out to JHC’s Jamie Hoobler, Nursing Manager of the Medical Group, and ultimately Jenn Wharton and Dr. Butterfield, who will need to address the request to have Quilcene Clinic serve as reception for Naloxone kits.

- **Action:** John Nowak offered to work with Heidi to help move the effort forward and come back to the next meeting with an answer from JHC. They will also check to see how Dr. Erickson is handling Naloxone distribution at JHC (is it just a prescription or an actual kit?)

### Generating Asks

**Jefferson Transit:** [Greg noted](#) he was about to attend Jefferson Transit meeting and wanted to take any requests from this group to that meeting. The discussion yielded the group would like both “free fare” between South County and Port Townsend AND an additional run added to that route. Frank Redmon noted kids are using the free transit to get to school and their parents to work; Trish noted families trying to get kids to doctor for care in Port Townsend is key as well. Lori noted any opportunity to improve access to during the dry spell – even if it was a “call-the-service” option, if such a thing could be set up.

**Sheriff’s office rep @ SCHR meeting:** [Greg suggested](#) the new Navigator. **Action:** Lori will reach out to Sheriff Nole to ask for the new Navigator to participate in this meeting.

### Naloxone-related Steps

**Quilcene High School - best next step:** [Frank suggested](#) focusing on reducing stigma as an initial step toward Naloxone on campus and students learning how to administer it to help those in crisis. [Dr. Carlbom suggested](#) we develop an ask of the School Board – maybe piloting a Naloxone presence in the school within the SBHC, or piloting an education program for the life skill or administering Naloxone.

**Action:** Generate participation with the Olympic Community of Health’s effort to gather regional insight on stigma to develop interventions and strategies to address stigma in JeffCo.

- Lori/John reach out to faith-based – Dana Ward; School-based counselors – Tiffany Jaber (Quilcene); Elders – Kiwanas (like at 7am-8am); Sheriff Navigator; Chief McKern will share the opportunity with the Fire Chief group

**Action:** CHIP to present a proposal for a CHIP/School collaboration at a School Board Meeting (happens Quarterly) on how this effort could begin with having Naloxone at the SBHC, offering the opportunity for students who are interested getting trained in how to administer naloxone. John Nowak suggests presenting it as a range of opportunities.

- Dr. Carlbom is open to being/presenting at that School Board meeting as well. Chief McKern also would like to be in that meeting and could reach to Mason County for policies and guidelines. Frank noted David Engle is hosting next JeffCo Educational Partnership (Superintendent and Board Group) meeting. Frank will work to get us on the agenda for that meeting.

**Action:** Dr. Carlbom to work with his contacts at the State DOH to see what it would entail to have EMS able to give replacement or initial Naloxone kits. Chief McKern noted his teams would be able to pilot that effort once the protocols/legalities etc. have been addressed. John and Heidi to work on having the Quilcene Clinic serve as the distribution center.

### Addressing feedback from State v. Blake survey

#### What can we do right now to connect South County residents with services?

Lori reviewed feedback from a survey soliciting ideas from Jefferson County's Behavioral Health Consortium (BHC) on how to increase our service connection even as law enforcement is limited in their ability to bring in someone on a simple possession charge.

**Action:** Develop information on services to put in Food boxes at Food bank, distribute to Faith-based organizations a handout to be available next to church bulletins, etc.; school food bags that go out on Friday (Trish can connect us)

- Lori and John to draft a paragraph to go with the yellow resource card.  
Hello from Jefferson County's Community Health Improvement Plan (CHIP).  
We recognize it's been a hard year for all of us while navigating the past year's pandemic. As people who are involved with the health of our community we want you to be aware of resources available in your community. We look forward to working with you in the future on other community issues.

## PRIORITIES AND NEXT STEPS FROM PRIOR MEETINGS - AS OF 4/20/2021

- **Dive into the discussion around Syringe Exchange at a future Meeting.** What models (or model combinations) are worth considering? What can we be doing now to establish a Syringe Exchange network-of-need in South County?
  - **Identification of program funding beyond the RCORP grant's \$48k.** – how much will we need when, and when does that mean we need to take action to generate those funds.
    - ✓ Harm Reduction Budget Sketch – sketch on (slide 14 in the 1/19/21 presentation slides) covers both Naloxone training/distribution and Syringe Exchange. **Budget refinement to continue with input from Apple/her Team, as well as out-of-county contacts.**
  - **Promote JHC's South County and JCPH's School Based Health Clinics** – higher profile is needed to inform residents of these avenues of service.
  - Establish an ongoing Drug Take Back location -possibly at JHC Clinic.
  - Lori to develop a first draft of the Naloxone Kit Request form – and send it out as a working document with track changes once we have input from Quilcene Clinic:
    - LF to request a split order: 15-20 injectable doses and 80-85 of Nasal Spray doses
    - John will explore if JHC's Quilcene Clinic could be the ordering, receiver and a distribution point for the Naloxone Kits
    - Lori to ask Sean Hammerle if we can have delivery reception occur at one point (Quilcene Clinic) and then distribute the Naloxone Kits out from there.
    - Lori articulate that on the Naloxone request form that our data gathering would be to note how many kits go to each hosting location
  - Trish will connect with Chief Manly to decide how best to manage naloxone Kit supply from Brinnon Fire House, recognizing the school is not a distribution point option. Lori will forward [the meeting video with a time marker \(at the ~ 34 minute mark\)](#) pointing to this discussion for Chief Manly to get context for the conversation.
  - Start informally polling at the pilot sites, asking people how we can make this more convenient – (define who does this where at this point?)
- ✓ Indicates items that were on our “action list” from previous meetings that have had some advancement since the last time meeting's notes.