

Youth Age Band Group - Strategic Framework Development - Action Updated 12/09/2021

Goals	Objectives	Strategy	Activities	Inputs	Resp
What are the objectives, if completed, going to lead to? What measurable goals has the workgroup decided on to make sure that it meets the purpose of the group? These should be SMART goals.	How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?	What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?	What steps need to happen to make sure that we can complete the strategy?	What do we need to make the activities happen?	Who ensures this strategy has resources and is accomplished?
Goal 1	Objective 1	Strategy 1A	1.A Activities	Inputs	Resp
Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.	Improve access to and utilization of Behavioral Health resources for adolescents in our community.	1A. Identify and execute a plan to improve the success of youth connecting and availing themselves of community, family and school services that support their improved mental health. Metric: 15 additional teens per year connect with services that improve Mental Health Data Source: Referral services	1A.1 Resource Map all agencies/organizations for relevant services. Perform gap analysis, determine actions to address shallow spots.	Develop Inputs	YAB team with help from knowledgeable agencies
		20211209_Update 1A.1: The Resource Map updated as of 12/23/2021 is linked on YAB's webpage. PDF can be seen at LINK: https://bit.ly/3qxMndO . Also Tanya noted the Peninsula's Early Childhood Coalition (KTPH, JCPH, CPH - and other reps) is working on a resource map. She'll ensure cross referencing occurs.			
			1A.2 Develop a method to communicate Youth-related community efforts. Support a clearinghouse of information and updates between providers	Develop Inputs	YMCA Family Navigator, DBH, Jefferson Healthcare
		20211021_Update 1A.2: This is happening to some extent here at this YAB meeting. Next Steps: Where else can this occur; how to make that happen.			

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Goal 1 - Cont'd	Objective 1 - Cont'd	Strategy 1A - Cont'd	1.A Activities - Cont'd	Inputs	Resp	
<p style="text-align: center;">Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.</p>	<p style="color: #0070C0;">Improve access to and utilization of Behavioral Health resources for adolescents in our community.</p>	<p>1A. Identify and execute a plan to improve the success of youth connecting and availing themselves of community, family and school services that support their improved mental health.</p> <p>Metric: 15 additional teens per year connect with services that improve Mental Health</p>	<p>1A.3 Support and augment the ongoing efforts to develop family navigation in our community to better integrate of services across community, family and school and improve how our kids are served by all.</p>	<p>Develop Inputs</p>	<p>YAB team and YMCA Family Navigator</p>	
				<p>1A.4 Ask for ESD help assessing Jefferson's action plan to reduce youth suicide to 0%.</p>	<p>Develop Inputs</p>	<p>ETC, MCS, ESD/Ciela Meyer</p>
				<p>20211209_Update 1A.3: The Qtrly meetings and the Peninsula Early Childhood Coalition Tanya is engaged with - support this framework. Also the family resource exchange she will be offering at the Mtn View Pool's Family times covers both concrete items and info that families could use.</p>		
			<p>20211021_Update 1A.4: ETC/Ciela Meyer have approached Joint Superintendent Board. Ciela also noted she worked with PT SD to update to procedures on suicide prevention/intervention, and provided an all staff training on these topics before the school year started. In Quilcene this same all staff suicide prevention training will take place in November 8th on risk and protective factors, warning signs and how to make referrals.</p> <p>20211209: Ciela noted she provided Faculty training in Quilcene on signs/symptoms and what to do. She will also be working with School districts to see what programs can realistically be implemented (due to school capacity, funding need, etc.) and come back to this group with insight.</p>			

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	<i>How are we going to implement our workgroup goals? How are the deliverables from the strategy going to be maintained?</i>	<i>What types of things do we need to develop to help met our objectives? What deliverables will we have after we perform the activities?</i>	<i>What steps need to happen to make sure that we can complete the strategy?</i>	<i>What do we need to make the activities happen?</i>	<i>Who ensures this strategy has resources and is accomplished?</i>
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Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.	Improve access to and utilization of Behavioral Health resources for adolescents in our community.		1A.5 Develop an approach to gather insight from Youth on how best to reach them and what services they need or want. A focus group with teens should be considered as part of the solution. Execute.	Develop Inputs	Skillmation team, ESD (Holly McElvane) Student assistant professionals
			<p>20211021_Update 1A.5: Denise noted ETC working on several efforts on this. Quilcene with their ETC. Trey Beathard, Athletic/History teacher, has offered to make teens available for focus groups. Also talking with Chimacum SD School Assistance resource (and at the Chimacum Teen Center) to provide teens for focus groups. Also, Laura Tucker, JCPH YMPEP, is working to get focus groups together in all SD with grades 7-12 populations.</p> <p>Next steps to discuss: Who leads focus groups, content/structure, when to set up, etc.</p> <p>20211209: Apple M. noted Drew Fechenbach, has been hired to replace Denise Banker in the Chimacum ET Coalition. He starts Dec. 12/22/2021. Denise is attending Chimacum Coalition this month and help get Drew integrated. The ETC members report to Apple and meet weekly to coordinate their efforts. Also, Ciela Meyer noted she works with all the Student Assistant Professionals (SAPs) throughout the School Districts \that work with ETC – and will work to support coherence. There is also funding from a separate grant to hire a SAP for the PT High School – who Ciela will oversee. The YAB group expressed an interest in ensuring all the SAPs are given support to work as a coherent resource throughout the schools.</p>		

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Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.			1A.6 Develop approach to create safe spaces for kids to gather in Quilcene, PT, Brinnon and Chimacum. Work with existing efforts like Olycap for PT Conference Room and Parks and Rec department. Execute.	Develop Inputs	YMCA, Parks and Rec, OlyCAP, Pfeiffer House/Recovery Cafe
				<p>20211021_Update 1A.6: Tanya B. noted Pfeiffer House/Recovery Café are exploring the possibility of partnering to provide known safe spaces for youth.</p> <p>LF noted she is working with Kelli Parcher @ Pfeiffer House to develop a proposal to grant \$47k in RCORP-I funds through August 2023 to support the safe space for youth effort and ultimately a Youth/Young Adults Peer Advisory Board. That proposal will be presented to the BHC in November, and if approved, an RCORP-I budget amendment will be submitted to HRSA, and if approved, relevant contracts set up at the County level to transfer those funds to Pfeiffer House - will take a few months at least to move those funds into place.</p> <p>Next Steps: Explore ideas for Mtn View, once they have more staff on board.</p> <p>20211209: The group endorse having John Nowak and Lori go to the Fort Worden Board at an upcoming meeting to ask for a safe space for youth to gather. It was also agreed we should continue to identify and explore other spaces throughout the county, rather than limiting our options to Fort Worden. Kees Kolf noted the Parks Dept is focusing on restructuring the PDA into 4 sections - and this is an excellent time for this exploration. David Timmons, Exec Dir at PDA heads that effort.</p>	

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<p>Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.</p>	<p>Objective 1: Cont'd</p>	<p>Strategy 1B</p>	<p>1.B Activities</p>	<p>Inputs</p>	<p>Resp</p>	
	<p>Improve access to and utilization of Behavioral Health resources for adolescents in our community.</p>	<p>1B. Identify adults who interact with teens frequently in the community and train them in suicide risk, identification, and prevention</p> <p>Metric: 50 adults are trained in suicide prevention by 6/2023.</p>	<p>1B.1 Develop a list of Adults who frequently interact with teens and are in roles that would pre-dispose teens to be comfortable talking with them</p>	<p>Develop Inputs</p>	<p>ESD, DBH, ETC, MCS Counseling</p>	
			<p>20211021_Update 1B.1: Next Steps: Explore who should be on this list vs. who we already are already targeting with ESD's classes at PT and Quilcene, as well as potential classes Jumping Mouse has in development.</p>			
				<p>1B.2 Offer Adult-focused suicide prevention training (ie. MCS's Mental Health First Aid classes) and continue suicide prevention trainings currently conducted with Olympic Angels volunteers, Chimacum Teen Center, School Staff, Parents, Faith-based partners, Skillmation, and The Benji Project teachers, etc.</p>	<p>Develop Inputs</p>	<p>ESD, DBH, ETC, MCS Counseling</p>
			<p>20211021_Update 1B.2: The group's efforts have resulted in Denise Banker successfully approached the Joint Superintendent's Board to get buy-in and commitment to advance a common evidence-based training in all 4 school districts. That Board will address next steps in their next Joint Superintendent Board meeting.</p> <p>20211209: Anne Koomen underscored we want to ensure consistent, evidence-based training is offered across our school districts and throughout our community. Ciela Meyer noted the ESD provided consistent training for Staff and Faculty and PT and Quilcene School Districts.</p>			

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Implement a coordinated framework of interventions that result in the elimination of adolescent suicide in Jefferson County every year starting in 2024.	Improve access to and utilization of Behavioral Health resources for adolescents in our community.	1C: Research and implement a plan to teach teens Mental Health Education and how to refer to appropriate adults/resources Metric: Training is completed for 6% Middle and High School students from each district.	1C.1 Research tools for teens to use to provide them guidance on how to interact with peers verbalizing plans or desire to commit suicide. Select tool.		Empowered Teens Coalition, ESD
			20211021_Update 1C.1: Denise Banker/ETC 20211209: Ciela Meyer provided Denise with a list of evidence-based programs for youth.		
			1C.2 Create training plan, implement a training in at least three County school districts.		Empowered Teens Coalition, ESD/Ciela Meyer
			20211021_Update 1C.2: Denise Banker/ETC & Ciela Meyer/ESD...underway. Next Steps: ?		