

ATTENDEES

Fire Chief Tim McKern, Quilcene Fire Department; Patricia Beathard, Brinnon School District Superintendent; Frank Redmon, Quilcene School District Superintendent; Greg Brotherton, Commissioner; Laurie Tinker, Director of Nursing Support & Liaison for EMS, JHC; Ford Kessler, Recovery Community Member, Fire Commissioner & Volunteer, District 5, Therapeutic Drug Court Administrator; Anna McEney, Jefferson County Public Health; Sheriff Nole, Jefferson County Sheriff's Office; John Nowak/Lori Fleming – Jefferson County CHIP/BHC.



Not Present: David Carlbom, M.D., Medical Program Director, Jefferson County EMS; Apple Martine, Jefferson County Public Health – Community Health Director; Fire Chief Tim Manly, Brinnon Fire Department; Heidi Mathews, Practice Manager, JHC's South County Clinic; Margie Boyd, JCPH, Public Health Nurse, SEP Program; Dunia Faulx, JHC, Population Health; Christina Muller-Shinn, Opioid/Substance Use Response, Mason County Community Services-Public Health (a HRSA-recommended resource).

Links: Meeting [Slides](#) and [Video](#). Check at the [BHC's Harm Reduction South County](#) page if you encounter a broken link in any of the direct links provided. Our Meeting occurs on the 3rd Tuesday of each month from 1-2pm. (Zoom link is [here](#).)

MEETING HIGHLIGHTS

(Embedded links will take you to that specific timepoint in the video/audio discussion.)

Agenda – 5/18/21 - South County Harm Reduction

- Introductions
- Sheriff Nole and Jonathan Walsch, Sheriff Team's Navigator
- Updates
 - Jefferson Transit– Commissioner Greg Brotherton
 - Resource Cards with cover note are set – next steps to distribute?
 - Upcoming Jefferson County Education Partnership Meeting (JCEP) - June 7th
 - JHC's role with hosting/distributing Naloxone
 - Answer if JHC's Dr. Erickson handing out Naloxone kits, or just prescriptions?
 - Using Home Health as a means of tracking Wound Care Disposition data?
- Engaging Others: Generate specific asks for future meeting participants from
 - Jefferson Transit? JHC's Wound Care?
- Next Steps
- Next Meeting: June 22nd, 1pm
 Dr. [Carlbon](#) update on convo w/ State DOH re: EMS giving replacement or initial Naloxone kits

Recap of Group Purpose for Sheriff Nole

John shared [a recap](#) of the South County Harm Reduction (SCHR) calibrate new group participants and Sheriff Nole on short term goal of Naloxone distribution and training, a longer-term goal of syringe exchange services, and an ongoing goal of addressing

stigma around engaging in behavioral health services. Sheriff Nole underscored the Jefferson County's Sheriff's Office intention to support the South County area as fully as possible. The new Sheriff's Office Navigator (John Walsch) will attend a future meeting.

Updates

Jefferson Transit: [Commissioner Greg Brotherton](#) updated the group on the discussions around accessibility. **All the Transit Board members AND the staff indicated support of Free Fares going forward and will be pursued.** Strategy meetings this week will be held to go over survey data. Greg is advocating for more runs to south county and Port Ludlow – though that position has less concurrence among the members – in favor of runs that would support tourism and basic transportation for community members.

On other Transit topics – [Greg has been informed](#) the Transit Van Pool can only be used to transport folks to work. None are in use now – and would be a low-cost option for regular commute from south county to somewhere else.

Resource Cards: [John outlined](#) 200 Resource Cards (with a stapled note from CHIP) are ready to go for distribution at the Quilcene and Brinnon School Districts, the Food Bank and the three churches in town.

- **Action:** John Nowak will get the supply to Mrs. Sharon Redmon at Salish Coast, and she'll get them down to Frank Redmon. Frank's team will make sure cards are distributed among the areas noted above. Note: Dana Ward suggested the cards for the Assembly of God Church be left outside the front door in a plastic bag and someone will bring them in and make sure they get distributed at the church services.

JCEP Meeting Prep: [Lori Fleming noted](#) thanks to Frank Redmon's facilitation, Dr. David Engle agreed to have one person from our group present on the Naloxone topic.

- **Action:** It was agreed John/Lori will prep Dr. Carlbom on Jefferson County/South County data so he presents JCEP-relevant information.

JHC's Response to Hosting/Distributing Naloxone in the South County area: [John outlined](#) Heidi Mathews, Quilcene Clinic Manager let him know the primary provider from that Clinic is on medical leave for the rest of the summer. They are very interested in being a distribution spot for other organizations in the community, and to individual community members, but will need to pause until late summer or Fall.

- Lori Fleming will ask Dr. Carlbom to share at the next (June 22) meeting the results of his conversations with DOH regarding EMS distributing replacement or initial Naloxone kits.
- Laurie Tinker confirmed Dr. Erickson gives Naloxone prescriptions, rather than actual kits.

Generating Asks

Wound Care

- Chief McKern noted JHC's Home Health needs to be tied into Wound care follow-through.
- Laurie Tinker noted when we have South County wound care patients transported via EMS to JHC, but it is hard to get the patient back if they aren't admitted.
 - **Action:** Explore if paramedics could be involved in administering wound care in the home setting rather than bringing the patient back to the hospital.
 - **Action:** Search out data on EPIC on Home Health Wound care visits in South County *and* South County Wound Care visits to JHC's ED. Perhaps with that we could address the complexity of addressing that care (even at an earlier stage.)
- Chief McKern suggested getting data from JHC on who has been released from there, but has not completed their follow-up care in the post 3-4 days. (Jefferson Home Health or JHC are tracked, but other disposition referrals outside the JHC system are not tracked.)
 - **Action:** Explore using Home Health as a means of tracking – can that even be done? John and Laurie Tinker to put their heads together – recognizing this is a tall order.)
 - **Action:** Dr. Carlbom committed to explore with ED head Doctor if checking Home Health box is a possibility, and Laurie Tinker is also going to reinforce that on her side. Possibly nursing team could remind Doctors, as well.

Navigator Call Distribution

- **Action:** Sheriff Nole committed to giving the group an update on call locations (such as South vs Center County) the Sheriff's Navigator is responding to for our next meeting on June 22, 1pm.

HISTORICAL PRIORITIES AND NEXT STEPS FROM PRIOR MEETINGS - AS OF 4/20/2021

- **Dive into the discussion around Syringe Exchange at a future Meeting.** What models (or model combinations) are worth considering? What can we be doing now to establish a Syringe Exchange network-of-need in South County?
 - **Identification of program funding beyond the RCORP grant's \$48k.** – how much will we need when, and when does that mean we need to take action to generate those funds.
 - ✓ Harm Reduction Budget Sketch – sketch on (slide 14 in the 1/19/21 presentation slides) covers both Naloxone training/distribution and Syringe Exchange. **Budget refinement to continue with input from Apple/her Team, as well as out-of-county contacts.**
 - **Promote JHC's South County and JCPH's School Based Health Clinics** – higher profile is needed to inform residents of these avenues of service.
 - Establish an ongoing Drug Take Back location -possibly at JHC Clinic.
 - Lori to develop a first draft of the Naloxone Kit Request form – and send it out as a working document with track changes once we have input from Quilcene Clinic:
 - LF to request a split order: 15-20 injectable doses and 80-85 of Nasal Spray doses
 - John will explore if JHC's Quilcene Clinic could be the ordering, receiver and a distribution point for the Naloxone Kits
 - Lori to ask Sean Hammerle if we can have delivery reception occur at one point (Quilcene Clinic) and then distribute the Naloxone Kits out from there.
 - Lori articulate that on the Naloxone request form that our data gathering would be to note how many kits go to each hosting location
 - Trish will connect with Chief Manly to decide how best to manage naloxone Kit supply from Brinnon Fire House, recognizing the school is not a distribution point option. Lori will forward [the meeting video with a time marker \(at the ~ 34 minute mark\)](#) pointing to this discussion for Chief Manly to get context for the conversation.
 - Start informally polling at the pilot sites, asking people how we can make this more convenient – (define who does this where at this point?)
- ✓ Indicates items that were on our “action list” from previous meetings that have had some advancement since the last time meeting's notes.